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I Need To Repay My Debt of Gratitude

I began this practice when I was 18, at a time when I was feeling quite calm after a period of struggle. I had many family problems. Two of my brothers were involved with drugs. They later stopped, but my older brother was very depressed afterward and didn't talk with anyone for two years. I was depressed, too, because it was a very sad situation for my family.

When I began to practice, I felt a lot of joy, and I made a determination to develop my life. I started to attend school in the afternoons and worked in the mornings.

The first benefit I received was that I felt a lot of energy, which I didn't have before. Four years later, I graduated.

My brother is no longer depressed. He talks frequently and is now married. My brothers have their own business together.

When I started practicing, I was the only member in my town and the surrounding towns. Now there is a chapter there. I have a job I really like working for a company that organizes conferences, including SGI training sessions. I have always made contributions, even when I didn't have much money, and my financial situation has improved every year. I even bought my own house six years ago and helped my parents pay off their house. This made me very happy.

I have received many benefits from this practice, and now I feel I need to repay my debt of gratitude.

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